



09:15	Opening Session Wilson Abreu ESEP Carlos Sequeira Lead researcher of the Research Group NursID
09:30	Opening Conference Mental Health First Aid' Application principles Moderator: Ana Querido ESS/IPL Speaker: Betty Kitchener Mental Health First Aid Australia
10:30	Break
11:00	Presentation of the research results of the MHL Project
11:00	Posters Presentation Moderator: Catarina Tomás ESS/IPL; Olga Valentim IPLUSO; Regina Pires ESEP
12:30	Lunch
14:00	Debate “Challenges for Promotion of Mental Health Literacy in Portugal” Moderator: Helena Bento Expresso Speaker: Carlos Sequeira ESEP Speaker: Nicole Chaves DGS Speaker: Beatriz Lourenço ManifestaMente
15:30	Closing conferences Mental Health Literacy': Past, Present and Future' Moderator: Francisco Sampaio ESS-FP Speaker: Stan Kutcher Senate of Canada
16:30	Positive Mental Health Literacy: A new paradigm Moderator: Tânia Morgado HP-CHUC Speaker: Hanne Nissen Bjørnsen Norwegian University of Science and Technology
17:00 – 18.00	Research group meeting